

# Link to Hope

## Shoe Box Appeal 2024



- The Link to Hope Shoebox Appeal has been running since 1992. They have delivered smiles to thousands of people in Eastern Europe over the years.
- In fact, they have sent in total over 1,000,000 shoeboxes to hundreds of different locations!





Link



## Where do the shoe boxes go?

1. Your shoe boxes will go to the poorest people in Ukraine, Moldova, Bulgaria and Romania.
2. Unlike many other shoebox appeals, the scheme collects boxes for entire families and the elderly, so nobody's left out.



# Packing a shoe box for a family

The families who receive your Christmas shoeboxes often have to choose between buying food or fuel. Buying presents is a low priority, as their homes often lack running water or are cold, damp and dark because they have no electricity. The online Shoebox Appeal list mixes eleven essential and luxury items. For example:

1. Knitted hat
2. Chocolate
3. Soap and flannel
4. Toothbrush and toothpaste
5. Candle and holder
6. Playing cards
7. Hairbrush
8. Tape measure
9. Soft toy
10. Calculator
11. Shampoo



# Packing a shoe box for an elderly person

Many elderly people are left alone because their families had to flee or fight, or because they are in communities where employment is scarce, forcing their family members to move away to look for work. Many elderly people are left with nobody. The Shoebox Appeal for the elderly people is a very powerful reminders that people genuinely care. The online Christmas shoebox list includes a range of much-needed items. For example, you might select:

1. Cutlery
2. Lavender bag
3. Socks
4. Hot water bottle
5. Pen and paper
6. Reading glasses
7. Gloves
8. Boiled sweets
9. Soap and flannel
10. Toothbrush and toothpaste



# CONTENTS LIST

We want everyone to receive a fun and useful box of new and unused gifts so every shoebox should contain all items in this blue box.

<input type="checkbox"/> Gloves or Scarf or Hat (new or knitted)	<input type="checkbox"/> Toothbrushes & Toothpaste
<input type="checkbox"/> Sweets or Chocolates (BB June 2025 EU Origin)	<input type="checkbox"/> Candles & Holders* or Tealights
<input type="checkbox"/> Soap & Flannel	<input type="checkbox"/> Small Games (Travel Size Draughts/Dominoes/Playing Cards)

\*Holder is for safety and stability

Then please **ADD 5 or more items (at least one of each item) from the Red Box for a Family Shoebox OR from the Purple Box to make a Unisex Elderly Shoebox.**

**FAMILY**

- Colouring Pads (A5)
- Crayons/Pencils (with rubber & sharpener)
- Small Toys (yo-yo, skipping rope, toy cars)
- Soft Toy Teddy (with CE labels)
- Tape Measure/DIY Tool
- Sewing Kit
- Shampoo (max 400ml)
- Solar-Powered Calculator
- Safety Razors
- Hairbrush/Comb
- Other Gifts .....

**OR**

**ELDERLY (UNISEX)**

- Reading Glasses/Magnifier (Max + 2 strength)
- Mug/Wooden Spoon/Cutlery
- Sensory Item (eg Bean Bag, Lavender Bag, Stress Ball etc)
- Hot Water Bottle
- Work Gloves
- Pen and Paper
- Socks/Tights (NEW)
- Wind-Up Radio/Torch
- Shampoo (max 400ml)
- Scissors/Nail Clippers
- Safety Razors
- Other Gifts .....

For other gifts & sustainability ideas go to [www.linktohope.co.uk](http://www.linktohope.co.uk)

**PLEASE REDUCE THE PACKAGING YOU PUT IN YOUR SHOEBOX**

PLEASE REMEMBER TO NOT PUT IN:

- ANY FOOD (INCL. BISCUITS)
- MEDICINES
- BOOKS
- TEA/COFFEE
- OUT OF DATE ITEMS
- NO SANITARY ITEMS OR UNDERWEAR
- ALSO NO ITEMS FOR UNDER 3 YEARS OLDS  
- THIS IS DUE TO CUSTOM REGULATIONS.



# How do I take part?

- Shoe boxes need to be packed by the 8th November (first week after half term).
- Each shoe box needs wrapped in Christmas paper before being filled
- There is a form to complete for each shoe box showing what is packed inside - this is different depending on whether you have packed it for an elderly person or a family.
- There are some things e.g. food or war-related toys that you can't include but these are shown on the information.
- **You must then include £3 P&P for each box**

All the forms will be added to Google Classroom and the newsletter and copies will be available.